Encouraging Words

I was reading a story about a man who was climbing down Mount Rainier and fell through a snow bridge and into a crevasse (a pitch black, ice walled crack in a glacier). As he stood bloodied and bruised in that dark ice cave, he recalled how his father had repeatedly reminded him that he could accomplish great things if he pressed through adversity. Those words help motivate him to spend the next 5 hours climbing out of that dark ice cave with very little gear and under extremely difficult circumstances. That is not on my bucket list to do, LOL!

In Psalm 119, the author seemed to climb out of his own crevasse of affliction and pain by recalling his heavenly Father's words. We can do the same. Jesus tells us to give to God what belongs to God. What belongs to God is everything; our happy times and our sad times. God welcomes the challenge of helping us get through the darkest caves and moments of affliction in our lives. And shares the joy we have during our joyful times in our lives.

What crevasse of discouragement are you currently in? May you use this time for prayer by filling your mind, heart and soul with encouraging Words from our heavenly Father.

Happy Thanksgiving from my family to yours,

Deacon Mike